



Glad Tidings

Fort Myers Beach, Florida

June/July 2019

Grace and peace to the Chapel by the Sea community! We've all celebrated anniversaries at one time or another. Birthdays are the most common type of anniversary, and wedding anniversaries are also often celebrated, on the same day of the year as the wedding occurred. We also may celebrate employment anniversaries. In fact, I will celebrate in June my 5-year anniversary as your Pastor at Chapel by the Sea. I preached my first sermon for Chapel, entitled, "Dare to Dream," on June 8th, 2014. Throughout the years, I've come to realize that a pastor's tenure at a church is a lot like the stages of a marriage. Here is an interesting and insightful pastor/church tenure scale with the years of my service at Chapel applied for clarity.



Year 1 (2014-15): Honeymoon. Both pastor and church have a blank slate, and they enter the relationship hoping and believing the best about each other. For a season, neither can do wrong in the other's eyes. That season does not usually last long.

Years 2 (2015-16) and 3 (2016-17): Conflicts and Challenges. No pastor is perfect. No church is perfect. Each party discovers the imperfections after a few months. Like a newlywed couple, they begin to have their differences after a while. The spiritual health of both the pastor and the church will likely determine the severity of the conflicts and challenges.

Years 4 (2017-18) and 5 (2018-19). Crossroads, Part 1. This period is one of the most critical in the relationship. If the conflict was severe, the pastor will likely leave or be forced out. Indeed, these years, four and five, are the most common years when a pastor leaves a church. On the other hand, if the pastor and the church manage their relationship well, they can often look forward to some of the best years ahead.

Years 6 (2019-2020) to 10 (2023-2024): Fruit and Harvest. (THIS IS THE PHASE WE AS A PASTOR/CHURCH ARE IN NOW.) A church is likely to experience some of its best years during this period of a pastor's tenure. Both parties have worked through the tough times. They now have a greater trust for each other and love each other more deeply.

Years 11 and beyond (2024--): Crossroads, Part 2. During the first crossroads era, the pastor decides to stay or leave, or the congregation may make the decision. During this relatively rare tenure beyond ten years, the pastor himself will go down one of two paths. He will be reinvigorated as a leader and ready to tackle new challenges and cast new visions, or he will be resistant to the change around him, and then become complacent.

In sum, pastoral tenure matters. It is far too short in many churches. I do think it is critical for us to understand tenure, because the health of the church is directly impacted by it. In pastoral/parish ministry, the early years at one church, any church, are often the most difficult, but the tenure beyond five years is often the most fruitful period. Thus, if churches/pastors are willing to endure short-term pain, the long-term gain is significant and rewarding. What does the future hold? According to the pastor/church tenure scale, we are entering our 6th year of ministry, and it is generally during the next few years that we will see much growth. Along the way, there have been ups and downs, but now, Chapel is in a more stable time. At any rate, a special thank you to all of you for your ongoing support. If it be God's will, may God bless us with many more years of service and ministry together! Have a blessed Summer!

In Christ's love,
Dr. Steve Adkison, Pastor/Head of Staff
Chapel by the Sea, Ft. Myers Beach

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Summer Time at
Chapel by the Sea!



Father's Day Luncheon

On Sunday, June 16, Chapel will host a Father's Day Luncheon in Silver Hall after Worship. All are welcome to honor father's past and present. Please bring your friends and family to enjoy food, fellowship, and fun!



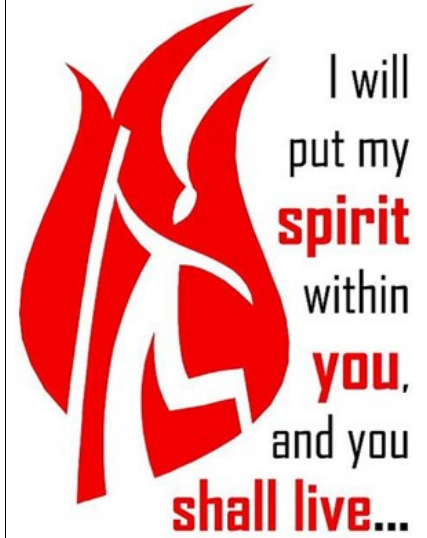
Communion Luncheon

The first Sunday of each month we have a Communion Luncheon. On June 2 and July 7 all are welcome to enjoy lunch and fellowship after the 10:00 a.m. Worship Service!



Sisters In Spirit (SIS)

On Tuesday, June 11, at 11:30 am. SIS will meet at the Charro Brothers restaurant for lunch. Then on July 9 SIS will meet at the Heavenly Biscuit at 11:30 a.m. Men are welcome to join both outings. For more information, call Nancy Combs at (239) 233-8630.



Ezekiel 37:14. NRSV

Pentecost Sunday

On June 9, we will celebrate the gift of the Holy Spirit Pentecost. Please wear red to the worship service as a sign of the tongues of the fire of the Holy Spirit.



Operation Christmas Child – Thinking Ahead

It may be too early to pack your shoebox for needy children. It's not too early to consider the type of box you will use. You have several options:

- 1) Take a standard size shoebox and decorate it with colorful Christmas paper.
- 2) Plastic boxes are durable and can be used for gifts and used later for storage or transporting food items.
- 3) Another option is a new type of Go-Box. The Mission Committee has provided funds to purchase these pre-decorated cardboard boxes from Samaritan's Purse. They are larger and stronger than the red and green ones that we used before and will be available when the program is launched in August.

As you choose the type of box you will use, prayerfully consider the needs of the child and the gifts you will put into your box. The Packing Party Box will remain in the Narthex throughout the summer.

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Parking Volunteers Needed for Fourth of July

Chapel will open its overflow parking lot to beachgoers on Thursday, July 4. We need parking attendants to help. Please contact Ed Milde at (239) 322-7828 if you are available to help with parking any time between 8:00 a.m. and 4:00 p.m. during the day on July 4.



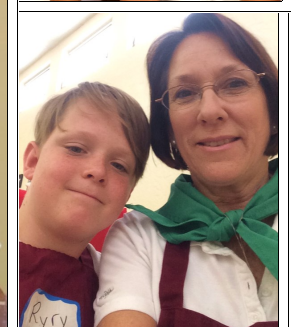
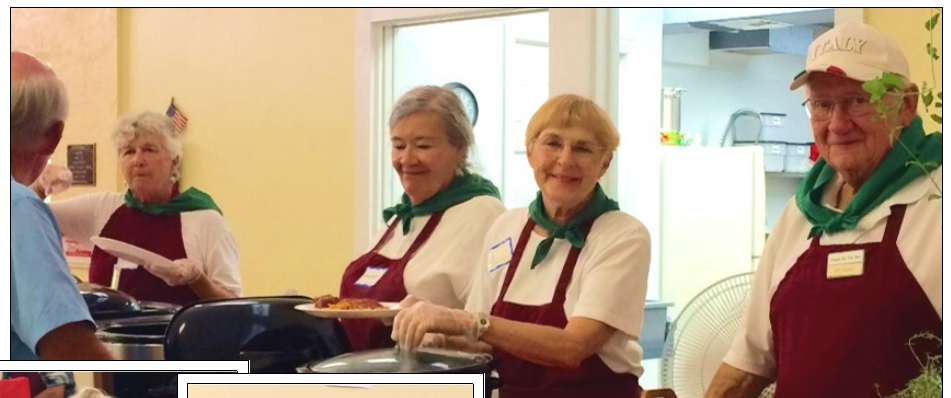
Reusable Canvas Bag

The Marine Resources Task Force (MRTF), an advisory committee to the Fort Myers Beach Town Council, has provided reusable canvas bags to be distributed to all residents and visitors of the Island. You may pick up a bag from the Narthex or Silver Hall. Let's do our part to help keep our beaches, waterways and marine life healthy and vibrant.

Chapel by the Sea Spaghetti Dinner

Saturday, June 8, & July 13,
5:00 – 7:00 p.m., Silver Hall

All are welcome to enjoy the Spaghetti Dinner at Chapel by the Sea, featuring Mama Chapeletti's world-famous homemade sauce and hand-rolled meatballs. \$10 per adult / Kids under age 10 eat free. Wine tickets are 2 for \$5.00.



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June & July Health & Safety Message



Our Parish Nurse is available for health counseling, health education and emotional/spiritual support. Call the church office and Ann will return your call. Office hours for the Parish Nurse are Tuesday & Wednesday from 9:00 a.m. to 4:00 p.m.

Ann Fossum, RN, BSN, FCN
 (239) 463-3173 ext.13
 (239) 463-0256 fax
ann@chapelbts.org

Happy Summer!

We live in a sunny paradise and the need for us to be vigilant about our skin health is so very important. At this time of year with the heat, humidity and sunshine getting stronger, please take a moment to think about how you are protecting your skin from the sun's harmful rays. A small investment of your time can help save your life. Applying a broad-spectrum sunscreen every day before heading out the door (yes, no matter what the weather is and even if you will be mostly indoors) drastically cuts your risk of skin cancer. Living in Florida, we all know the importance of skin cancer screenings. You can keep a watchful eye on any skin lesions, bumps, color changes or moles that you notice on your body. However, the best way to identify potential skin cancer is through an annual full-body examination with a health care professional. Because it's nearly impossible to look at your own skin in its entirety, it is important to see a dermatologist regularly. Put it on your calendar to get an appointment once a year, or immediately if you experience any new

skin changes that are of concern. Proactive prevention includes... Avoiding the sun between 10 am and 3 pm... Wearing sun protective clothing (hats, long sleeves)... Applying SPF 15 or higher every two hours if you are outdoors... Assessing your skin for changes and scheduling a skin cancer screening annually. Remember that "You are never too old for sunscreen."

Stay Cool, Ann

Blessing of the Prayer Shawls

On Mother's Day, May 12, Chapel had a Blessing of the Prayer Shawls to ask God to give comfort and grace to all those who receive one. These shawls were handmade by members and friends for those in the hospital, people in homebound recovery from illness, or someone just needing outreach. Chapel is very fortunate to have many talented and dedicated individuals in our Chapel family. Shawls not only provide physical warmth but also a blanket of spiritual calmness. Thank you to everyone who contributes to this important mission. If you would like to make a shawl, a supply of yarn and instructions are in the Narthex.

May God's grace be upon this shawl...

warming, comforting, enfolding and embracing.

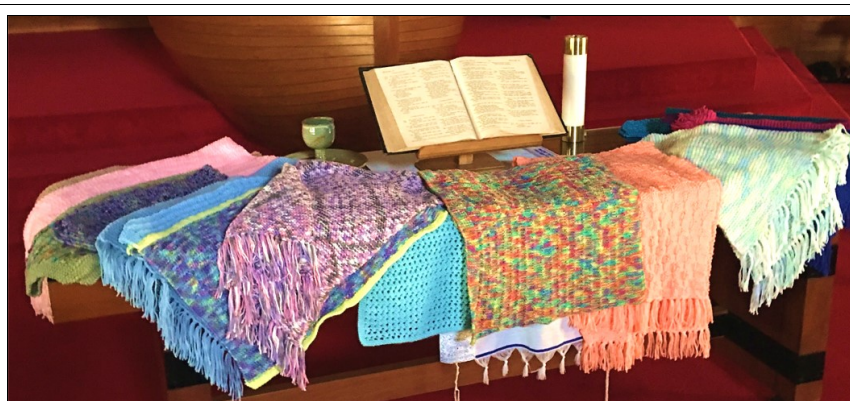
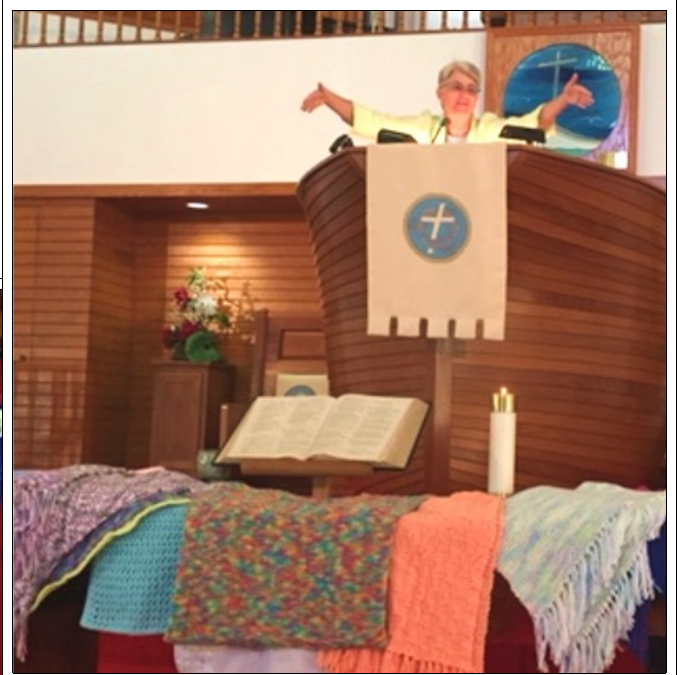
May this mantle be a safe haven...

a sacred place of security and well-being...

sustaining and embracing in good times as well as difficult ones.

May the one who receives this shawl be cradled in hope, kept in joy, graced with peace, and wrapped in love.

Blessed Be!



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June & July Health & Safety Message

Ann Fossum, the Parish Nurse at Chapel by the Sea, had a wonderful visit with Huggy & Mary Lou Ellyatt on May 7. They celebrated Huggy & Mary Lou's anniversary, which was on May 1, and Mother's Day.



Home Communion

For those in our Chapel Family who are unable to join us for Worship Services and wish to receive Communion at home, hospital or health facility, contact the Chapel Office at (239) 463-3173 or chapel@chapelbts.org. Pastor Steve Adkison, Parish Nurse Ann Fossum, RN and our Board of Deacons will coordinate a time to visit with you. If you have a special birthday, anniversary or other life-cycle event that you would like to recognize by receiving Communion with family and friends, contact the office.

Yoga IS for Everyone

We are delighted that our yoga instructor and long-time beach resident, Susan Carter, has agreed to conduct a weekly class on a permanent basis. Recently an array of yoga tools was purchased with funds from the Parish Nurse Health program. These blankets, blocks, straps and mats are now available for each participant to use during class. Yoga tools are simple to use and effective for stretching, adjusting, healing, and relaxation. These tools give greater focus, leverage, and support to the practices of yoga, bodywork, and self-massage. Different areas of the body often require different tools such as those pictured here.

No previous experience is necessary. So that everyone may participate in the class, postures may be modified or performed in a chair. Research has shown that yoga **decreases** stress, **improves** balance, and **promotes** better sleep. It can also help ease symptoms of depression. Yoga can teach us to be **present** in the moment through mindfulness, meditation or blessed stillness. Don't miss the opportunity to age *gracefully* with more *strength* and *stability*.

Join us Wednesday mornings from 10:30 – 11:30 a.m. in the Session Room of Silver Hall. Cost is \$10 for Chapel members and \$12 for non-members. Please bring a bottle of water with you.



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Hurricane Preparedness Checklist



Think Summer...Think Safety...Be Prepared

Summer is the time when we are at most risk for natural disasters such as: hurricanes, flooding, brushfires and tornadoes. The key to surviving these disasters is understanding the risks and being prepared. Whether you are in Florida or up north, your county has an Emergency Management Department with information to assist you. In Fort Myers you call (239) 477-3600. Take the time to call after you read this and ask them to send information today! No matter where you are this summer, everyone should have a 72-hour Disaster Survival Kit prepared. To help you survive, you need to pack a 3-day supply, for each

person, of the following essential items: non-perishable food (cans or boxes); manual can opener; first-aid kit, battery-operated radio and flashlight as well as extra batteries; blankets, pillows, sleeping bags or lawn chairs; sanitary supplies; cards, books or small games; rain gear and warm clothing; *and most importantly drinking WATER, one gallon per person per day and other drinks*. This seems like a big task, but most people have these items already, except the extra batteries and water. If there is a disaster predicted and you must evacuate, all you need to do is pull these items together to take with you. There are also many online resources available leegov.com/hurricane, floridadisaster.org, redcross.org and noaa.gov. These websites provide information on evacuation plans, how to prepare your home, etc.

When is the hurricane tax-free week, and what can you buy?

The tax break begins June 1 and runs through June 6. Disaster items eligible for the tax exemption include:

- Portable self-powered radios, two-way radios, or weather-band radios selling for \$50 or less.
- Tarpaulin or other flexible waterproof sheeting selling for \$50 or less.
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- An item normally sold as, or generally advertised as, 313a ground anchor system or tie-down kit selling for \$50 or less.
- A gas or diesel fuel tank selling for \$25 or less.
- A package of AA-cell, AAA-cell, C-cell, D-cell, 6- 316 volt, or 9- volt batteries, excluding automobile and boat batteries, selling for \$30 or less.
- Nonelectric food storage coolers selling for \$30 or less.
- Portable generators used to provide light or communications or preserve food in the event of a power outage selling for \$750 or less.
- Reusable ice selling for \$10 or less.

On-Going Activities at Chapel by the Sea

Children's Church/Nursery — Sundays at the 10:00 a.m. Worship Service.

Communion Sunday Luncheon — June 2 & July 7 after the Worship Service in Silver Hall.

Solomon's Porch Adult Book Study and Discussion — Tuesdays from 3:00 p.m. – 4:00 p.m.

YOGA — Decreases stress, improves balance. Every Wednesday, 10:30 a.m.—11:30 a.m. \$10.00 a class for Chapel members, \$12.00 for non-members. Contact Parish Nurse, Ann Fossum, RN (239) 463-3173 ext. 13 or ann@chapelbts.org.

Sew N Sews — Thursdays, 10:00 a.m. – 2:00 p.m. Rm.5, Silver Hall. The group breaks for lunch around 12 noon.

Soup Kitchen — Chapel serves at Immokalee Soup Kitchen on June 28 & July 26. Sign-up sheets are available in Silver Hall.

Alzheimer's Association Caregiver Support Group — 2nd Friday of each month, 1:00 – 2:30 p.m. in the Library of Silver Hall. Contact: Parish Nurse, Ann Fossum (239) 463-3173 ext. 13 or ann@chapelbts.org

Healing Service — After the 10:00 a.m. service in the Sanctuary the 3rd Sunday of each month.



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June Birthdays

- 1 John Stanek
- 3 Karyl Miller
- 4 Lloyd Hicks
- 5 Chuck Conrad
- 9 Shirley Rouse
- 9 Robert Swanbeck
- 9 Ruth Zook
- 12 Jody Haerr
- 13 Miffie Greer
- 15 Louis Monaco
- 18 June Bidgood
- 19 Carol Bryant
- 20 Mary Lou Ellyatt
- 22 Sue Glatz
- 25 Hannah Adkison
- 25 Sandy Swindle
- 26 Dan Wickell
- 28 Denise Armstrong
- 29 Rudy Stanzel



Emily Porter celebrated her birthday at Chapel by the Sea in April.

July Birthdays

- 2 Andrew Hicks
- 4 Dean Southworth
- 4 Ginny Young
- 6 Joyce Nunn
- 7 Reba Read
- 9 Harry Hunter
- 9 Beth Leys
- 9 Nancy Remington
- 12 Sarah Swanbeck
- 13 John Updegrove
- 13 Nancy Walker
- 14 Jon Hazelbaker
- 15 Verilea Meyers
- 15 Danella Van Tasell
- 18 Wanda Prater
- 19 Gordon Langereis
- 23 Mary Ann Krupa
- 24 Cindy Hickox
- 24 Karen Sollars
- 24 Will VandenBerg
- 25 Rexann Hosafros
- 27 Patricia Myers
- 28 Charlotte Fergus
- 30 Jan Van Gorder
- 31 David Collins

June Anniversaries

- 9 Jerry & Diane Lannoye
- 9 Dean & Kim Southworth
- 10 Landon & Lois Doggett
- 11 Phil & Joan Byers
- 11 Gerry & Sharon Trantina
- 13 George & Sandy Cox
- 14 Rich & Sydia Rodgers
- 16 Jan & Patty Van Gorder
- 18 Don & Doretta Coon
- 20 John Berkenpas & Sue Glatz
- 20 Hal & Karyl Miller
- 25 John & Beth Leys
- 25 Tom & Diane Means
- 25 Will & Grace VandenBerg
- 28 Will & Mary Jo Jacobs

Flowers

To honor a birthday, anniversary or to remember a loved one, order flowers for Sunday Worship Service, stop by the office, call or email to order flowers and have them noted in the bulletin. Cost is \$25.00.

Choir/Handbells

Worship and honor God by joining the Choir and/or the Handbells at Chapel. Please call Lois Doggett at (239) 463-5583 for more information.

Immokalee Soup Kitchen

On June 28 & July 26 Chapel volunteers at the Immokalee Soup Kitchen will serve lunch to the migrant community. The bus returns at approximately 2:45 p.m. Off-island pick up is available on Pine Ridge Road. Signup sheet is posted in Silver Hall. Many of the regular volunteers have headed north for the summer. Please consider joining Chapel for this important outreach.

Chapel by the Sea Online

Go online at www.chapelbts.org to check out the Chapel Calendar, and more! Check out the Chapel Facebook page for pictures and upcoming events!



July Anniversaries

- 3 Bill & Eileen Pearson
- 15 Don & Karen Sollars
- 16 Emory & Beverly Brown
- 19 Randy & Bev Belger
- 24 Bob & Joyce Nunn



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Fort Myers, Florida

Phone: (239) 463-3173 • Email: holly@chapelbts.org
website: www.Chapelbts.org

June Liturgists

June 2 Laura Miller
June 9 Rexann Hosafros
June 16 Dobbin Greer
June 23 Jacob Greer
June 30 Miffie Greer

E-Giving

With E-Giving, you can support the great ministry work we are doing together.

What is E-Giving?

It's a way for you to give faithfully through our website www.chapelbts.org.

July Liturgists

July 7 Laura Miller
July 14 Diane Means
July 21 Marylu Marshall
July 28 Miffie Greer

The Staff of Chapel by the Sea

The Rev. Dr. Stephen D. Adkison, Pastor/Head of Staff (email: skypilot_mddiv@hotmail.com)
Michael Melnikov, Director of Music/Organist
Ann Fossum, R.N., Parish Nurse
Denise Armstrong, Office Administrator
Holly Tribble, Administrative Assistant

John Rotach, Facilities Manager
Darren Harkulich, Sexton
The Rev. Mr. Don Jafvert, Pastor Emeritus