



# Glad Tidings

Fort Myers Beach, Florida

May 2017

Hello once again to the Chapel by the Sea community and grace and peace to you all in the name of Jesus Christ, our Lord and Savior! Easter has come and gone and we have reluctantly said goodbye to most of our winter residents. In addition to this, our 2017 Stewardship Campaign, entitled "Freely Received, Freely Given" was a success, and I want to personally thank all of you who have freely and graciously given of the resources that God has entrusted you with. The good news is that the giving was up by at least 5% over last year, totaling \$290,181.00. 39 members increased their pledges, and we had 20 new pledges. Designated pledges came to \$17,380.00. The smallest pledge was \$25.00 and the largest pledge was \$18,000.

However, the bad news is that we still have a way to go in order to meet our budget plans for 2017. Twenty-one people did not pledge this year, and there were 7 decreased pledges. The cost of the new A/C unit, termite treatment, and large insurance increases, to name just a few of the expenses, have caused a real strain on our budget plans for 2017.

At any rate, *Presbyterians Today* magazine reported that the primary reason that people don't give is because they were not asked. Well, I'm asking. If you haven't pledged to the 2017 Stewardship Campaign, your help is greatly needed. As I have said before, friends and members of Chapel by the Sea have always faithfully responded when there was a need of any kind, may it be of time, talents, and treasures, and knowing that God will provide through His people, there is no reason to believe that Chapel, with God's help, will not once again rise to the occasion.

Remember the words of Winston Churchill who said, "**We make a living by what we get, but we make a life by what we give.**" With that in mind, on behalf of the Session and the Stewardship/Finance Committee, I want to thank you ahead of time for your faithful response, so that Chapel can effectively continue its mission and ministry. May God continue to richly bless you and Chapel by the Sea as we move boldly into the future sharing the Good News of Jesus Christ!



In Christ's love,  
The Rev. Dr. Stephen D. Adkison  
Pastor/Head of Staff  
Chapel by the Sea, Ft. Myers Beach

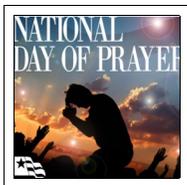
# happenings at CBTs



## Gladiolus Learning and Development Center

Summer is fast approaching which means that many of the regular volunteers at Gladiolus Learning and Development Center or GLAD have returned North for the summer. GLAD provides educational childcare for the parents of low income working families in the Harlem Heights neighborhood. It is located directly in front of Heights Elementary School. Volunteers greatly enhance GLAD's program. Volunteer opportunities include being present in the classroom and playing with the children as directed by the teacher. Young children love being read to and learning simple songs and rhymes. One specific need is for volunteers to help with feeding the infants. Sharing a talent you have such as dancing, playing a musical instrument, or teaching a craft project would be welcomed by the children. You may volunteer one time or on a regular basis. Volunteers are never left alone in a classroom; there is always a teacher present. School vacation is fast approaching. GLAD provides a summer program for elementary school age children. Some of the working parents are unable to afford the cost of the program. Donations may be made to the program so that each child can enjoy an educational, fun and safe summer program. For more information or to volunteer or support the summer program financially, you may contact Tina Parsons, GLAD's director, at (239) 481-2100.

## National Day of Prayer



The National Day of Prayer is on Thursday, May 4 at Harborside Event Center, 1375 Monroe St. in Fort Myers. All faiths are invited. A buffet-style breakfast beginning at 6:00 a.m. will be served and there will be music and two speakers. This is a free event, but registration is required. To register and request tickets, go online at [cypresslakeumc.com/prayerbreakfast](http://cypresslakeumc.com/prayerbreakfast). For more info. call 223-8458 or email [cpbreakfast@yahoo.com](mailto:cpbreakfast@yahoo.com).

## Church Dinner

Join us on Saturday, May 13, 5:00 p.m. – 7:00 p.m., in Silver Hall for our Chapel Italian Spaghetti Dinner. Net proceeds will go toward kitchen renovations. \$10 adult; \$5 kids 10 and under; \$5 Public Safety Personnel in Uniform or w/ I.D. Menu: Spaghetti, Meatballs, Spicy Sausage w/Peppers & Onion, Salad, Garlic Bread, Dessert and Drinks.

## Sisters In Spirit (SIS)

This month SIS will meet for lunch on Tuesday, May 9 at Doc Fords at 11:30 a.m. Men are invited. Call Nancy Combs for more information at (239) 233-8630.

## Operation Christmas Child



"Expecting To Be Amazed," and we were. We attended the Samaritan's Purse Connect Global Conference in April in Orlando. Our purpose in attending was to meet people who had received shoeboxes and to gain information that would help us to be more effective in serving God through Operation Christmas Child. We were not disappointed. People from one hundred twenty-nine countries who are shoebox recipients proudly carried their flags for the opening ceremonies. We heard inspirational messages from gifted speakers. An African children's choir entertained us. Music for devotions was provided by the Tommy Coomes Band – well known for writing and performing Christian music. The message of Evangelism, Discipleship, and Multiplication was everywhere. We were excited to meet Alex Nsengimana. He was featured in one of our first shoebox stories. Alex survived the genocide in Rwanda. He sought refuge in an orphanage. It was there that he heard about the Gospel of Jesus Christ and also received a shoebox gift. That tangible expression of God's Love gave Alex new hope and started him on an amazing journey of faith. He was blessed to be able to go to school in the United States, but his greatest blessing came when he visited a Rwandan prison to offer forgiveness to the man who had killed his uncle during the genocide. We are so grateful and blessed that we attended the conference. Shoebox gifts are not due until the second week of November. As you prepare your gift, please pray for the child who will receive your

## Treasurer's Report

### Year-to-date Receipts thru 3/31/17

- Pledges **\$109,678.57**
  - Contributions **\$40,960.32**
  - Operating Expenses **(\$109,758.41)**
- 
- Net **\$23,622.89**

\*\* Does not include contributions or expenses related to restricted and capital funds.

## May Liturgists 10:00 a.m.

May 7	Lloyd Hicks
May 14	Jennifer Pinkard
May 21	Marylu Marshall
May 28	Chuck Golden

# happenings at CBTS

## May Health & Safety Message

Ann Fossum, RN, BSN, FCN  
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Ann Fossum, RN,  
Parish Nurse

### A Letter From Our Parish Nurse

Happy Spring! There are many things we can do to live a healthy and whole life. One way to improve on your health is to focus on prevention. As we age, our balance might not be as good as it was a few years ago, or we might experience dizziness, vertigo, or difficulties while walking. A fall due to poor balance can become a serious health risk. It is estimated that one-fourth of people over 65 have a fall each year and our balance actually begins to decline during the 50's. Now is a great time to recognize your risk for falling and to start working on keeping steady on your feet. On May 12<sup>th</sup>, Friday, at 10:00 a.m. we will have a specialist from Lee Health coming to Chapel to present a one-hour program called "Farewell To Falls". She is a Physical Therapist and Balance and Vestibular Specialist who will talk to us about strategies to minimize the risk of falling. Please join us for this important talk on prevention of falls. Stay Safe, Ann



### 10 Tips To Minimize Your Risk Of Falling

- 1. Don't think you are immune to a fall or balance problem.** Falls are the leading cause of unintentional injury-related deaths, hospitalizations and emergency department visits for Floridians age 65 and older.
- 2. Take an honest inventory of your abilities and limitations.** Abilities may vary from year to year, and day to day for many reasons. Be careful during periods of illness, bed rest or when starting a new medication.
- 3. Plan your activities and anticipate challenges to your balance.** 'Accidents' happen when we become fatigued, frustrated, complacent or rushed. Plan ahead in case you need assistance.
- 4. Know about your medications and possible adverse side effects.** Taking four or more prescription medications increases the risk of falls. Antipsychotics, antidepressants and sleeping aids can affect balance.
- 5. Take charge of your physical condition.** Focus on daily physical activity, healthy nutrition, adequate sleep and socialization.
- 6. Reduce your environmental risks.** Make simple modifications—remove throw rugs, rearrange furniture and discard clutter—to decrease the likelihood of a fall.
- 7. Adapt your surroundings.** Making changes in your environment—installing grab bars and rails for stair and improving lighting—are important fall prevention strategies.
- 8. Consider utilizing an assistive device.** If used correctly, a cane or walker can provide stability and confidence. At times, using a walking aid, even temporarily, can improve mobility, balance and stamina.
- 9. Be prepared to handle a fall.** Have a plan to summon help; know how to get up if you are not injured and what to do if you are; know how to help someone else get up from a fall.
- 10. Ask your physician about a balance evaluation.**

### May Birthdays

- 4 Kathro Taylor
- 5 Eugene Kelley
- 5 Jan Kitchen
- 7 Jevy Osborne
- 11 Shari Rolph
- 12 Willard Dorman
- 13 Gerry Trantina
- 18 Tim Cherry
- 18 Larry Rhude
- 25 Helen LeCount
- 25 Walt Zook
- 28 Al Memler
- 28 Kelsey Pinkard
- 29 Paul Cereceda
- 29 Bob Taylor

### May Anniversaries

- 1 Huggy & Marylou Ellyatt
- 5 Earl & Cynthia Ross
- 14 Walter & Shirly Rouse
- 20 Ron & Marge Buss
- 26 Clifton & Wanda Hart
- 29 Jon & Colleen Hazelbaker

### In Memoriam

Please pray for the family of Mary Ann Geib on the passing of her husband, Richard Geib on March 21, 2017 and the family of Cleo Engle on the passing of her husband Harold Engle on April 22, 2017 and for the family of Bill Saunders who passed away on April 25, 2017

# happenings at CBTs

Chapel Easter Party 2017



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# *happenings at CBTS*

**Chapel Easter  
Brunch and Hat  
Parade 2017**



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Brunch and Hat  
Parade 2017**





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### **Ongoing Classes at Chapel by the Sea**

#### **Solomon's Porch Theological Reading Group**

This group, under the leadership of Dr. Adkison, meets in the Session Room of Silver Hall every Tuesday at 3:00 p.m. The current discussion concerns a book called Celebration of Discipline.

#### **Children's Church and the Nursery**

All children are welcome to join our Children's Church and Nursery on Sunday at the 10:00 a.m. Worship Service.

### **Sew N Sews**

We meet every Thursday, from 10:00 a.m. – 2:00 p.m. For more information contact Nancy Bell at (845) 863-5222.

### **Immokalee Soup Kitchen**

Join us serving hungry farm workers at the Immokalee Soup Kitchen. Chapel volunteers the fourth Friday of each month. The Chapel bus leaves at 9:30 a.m. and returns about 2:45 p.m. Sign-up sheets are posted in Silver Hall. The next outing is May 26.

## The Staff of Chapel by the Sea

The Rev. Dr. Stephen D. Adkison, Pastor/Head of Staff (email: [skypilot\\_mddiv@hotmail.com](mailto:skypilot_mddiv@hotmail.com))  
Michael Melnikov, Director of Music/Organist  
Ann Fossum, R.N., Parish Nurse  
Denise Armstrong, Office Administrator  
Holly Tribble, Administrative Assistant

John Rotach, Facilities Manager  
Jose Ramos, Sexton  
The Rev. Mr. Don Jafvert, Pastor Emeritus