



# Glad Tidings

Fort Myers Beach, Florida

February 2018

## The Seven Laws of the Harvest

Galatians 6:7-10

Greetings to Chapel by the Sea and grace and peace to you! In last month's Glad Tiding's article, "**Planting, Watering, and Growing: Partnering with God,**" I talked about how growth occurs in the church using an agricultural metaphor utilized by the Apostle Paul in I Corinthians 3:6 which says, "**I (Paul) planted, Apollos watered, but God made it grow....**" As followers of Jesus, we are to plant and to nurture the "seeds" of God's amazing grace and unconditional love into the lives of others. We are not in this alone, however. In fact, we are in a partnership with God—we are "laborers together with God" (I Cor. 3:9)—our part is the planting and watering, and God's part is to bring the growth. If we do our part, God is faithful to do His part. With this in mind, our Stewardship Campaign Kick-Off is on Sunday, February 4<sup>th</sup> where we will have an opportunity to make a commitment of our time, talents, and treasures to God. And so, this month I elaborate on the idea of the harvest which comes forth based on the sowing and watering of seeds. Consider this piece entitled "The Seven Laws of the Harvest." The supporting Scripture is from Galatians 6:7-10:

**"Do not be deceived; God is not mocked, for you reap whatever you sow. If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. So let us not grow weary in doing what is right, for we will reap at harvest time, if we do not give up. So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith."**

**Law #1:** We Reap Much We Did Not Sow. (The positive and negative choices of others can and will affect our lives. In the same way, our choices affect not only us, but those around us, as well. Sow what is good.)

**Law #2:** We Reap The Same Kind of Seed As Was Sown. (Whatever we plant, that is what we harvest. For example, if we plant corn, we will not get okra. In the same way, if we plant love, we reap love. If we plant anger, we reap anger.)

**Law #3:** We Reap In A Different Season Than When Sown. (What we plant now will be harvested in the future, sometimes sooner, sometimes later. For a better tomorrow, plant good seed today!)

**Law #4:** We Reap An Abundance Of The Seeds Previously Sown. (Whatever we plant, comes back 30, 50, 100-fold. If we plant love, we will reap a greater abundance of love.)

**Law #5:** We Reap In Proportion To What Was Sown. (There is a big difference between planting an acre's worth of corn and 100 acres' worth of corn. The more we seed and water, the greater the possibilities for Chapel.)

**Law #6:** We Reap Only The Past Now. Future Harvests Are Affected By What We Sow Today. (That which we experience today was sown and watered in the past. Today, what we plant affects future harvests.)

**Law #7:** We Reap The Full Harvest Of The Good Seed Sown Only If We Persevere. (We plant the good seed, but we must water and care for it. Don't give up doing good for it will eventually have fruitful dividends.)

There you have it—The Seven Laws of the Harvest! But remember, we are laborers together with God. If we do our parts (planting, watering—i.e., sharing of time, talents, and treasures), God will do His part by bringing forth a glorious harvest!

THE LAWS OF THE HARVEST



In Christ's love,  
Pastor Steve

# happenings at CBTS

STEWARDSHIP  
*a way of life*

## Finance/Stewardship

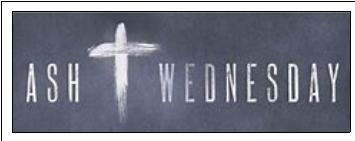
### Finance/ Stewardship

As previously announced last year, the Chapel accounting year has been moved from a calendar year basis to a fiscal year basis. It will run from July 1, 2018, to June 30, 2019. This is an effort by the Finance/ Stewardship Committee to manage expenses to income more closely and more accurately. Given that our annual Stewardship Campaign takes place in

February - March, the Finance Committee will now know the pledged income before starting the budget process. Our first priority is the Operating Fund, underwriting the day-to-day expenditures of Chapel. We urge all, if possible, to contribute on a year-round basis to help with the seasonal (winter/summer) fluctuations in cash flow. Also, this year, you'll find on the stewardship card a place to indicate any extra giving to help replenish the Capital Fund. It has been depleted by some one-time expenses as well as repair expenses due to Hurricane Irma.

The members and friends of Chapel by the Sea have always been good stewards and very generous in support of the Operating Budget, as well as special needs and we appreciate and thank you. It is our goal to be even better managers for you! Your individual statements for the purpose of your income tax returns will still reflect your actual giving for each individual calendar tax year. The newly installed **E-Giving** online program is included, also.

Finance/ Stewardship Committee



## Ash Wednesday Service

Chapel by the Sea will hold an Ash Wednesday Service in the Sanctuary on Wednesday, February 14 at 12 Noon. All are welcome.



## "Souper" Bowl Sunday

The NFL Super Bowl and the Chapel "Souper" Bowl are Sunday, February 4! Soup pots, with the logo of each of the two Super Bowl teams, will be located at 2 entrances to the Chapel. Put your donations in the pot of the team you hope will win the Super Bowl and we will announce the "Souper" Bowl winner the following week. To get you in the right mood for the game, a chili, chicken chili and hotdog lunch will be served after the 10:00 a.m. service on February 4. In the end, everyone wins! The funds collected this year will benefit those confronted with hunger and limited access to healthy food sources. Join us for fun, food, and fellowship.

### DISCOVERY CLASS

On Sunday, February 11 at Noon, Pastor Steve will offer a "discovery" class on the basics of Presbyterian history, theology, and polity (how we govern ourselves). We will also look in greater depth at the mission and ministry of Chapel by the Sea. We will then conclude with a question and answer session. This class is open to all--new members, potential members, seasonal attenders, spiritually curious, etc., and will last only about 1 to 1.5 hours. If interested, please call Pastor Steve at (573) 822-8695 or at (239) 463-3173, ext. 14.

### Craft and Rummage Sale!

## Craft and Rummage Sale

Friday, February 23, 10:00 a.m. – 2:00 p.m. and Saturday, February 24, 9:00 a.m. – 2:00 p.m. **Calling all Crafters!** If you have a talent such as watercolor/oil painting, quilting, designing jewelry or making ornaments, please consider donating these items to Chapel to sell at our mid-season Craft & Rummage sale. If you prefer, you may rent a 4' x 8' space and table for \$15 or just a space for \$10 to sell your own items.

We are also asking members, friends and visitors to donate their **gently used "treasures"** to Chapel to sell. Drop off any donations Monday, February 19 – Thursday, February 22, during normal office hours. Please make sure items are clean and in working condition. Again, if you prefer, you may rent a space to sell your own items. Tables will be set up in Silver Hall and around the Veranda and manned by volunteers. We will sell hot coffee, cold drinks, donuts, popcorn, hotdogs and chips both days. To make this endeavor a success, we need volunteers. Please contact the Chapel office if you are willing to volunteer one or both days. We need people to help with pricing, staffing tables, sorting through donated items, and preparing and selling food.

# happenings at CBTS

**SIS**  
Sisters In Spirit



## Sisters in Spirit (SIS)

On February 13, SIS will gather at the Fort Myers Beach library at 10:30 a.m. for a private presentation by Russ Carter about the history of Fort Myers Beach. It is called "What I Forgot Last Year," a follow up to last year's presentation, which was called "The History of Fort Myers Beach." In celebration of Valentine's Day, men are welcome. After the presentation we will enjoy lunch in the Library Cafe. Don't forget to sign the communication cards. If you have questions please, call Nancy Combs at (239) 233-8630.



Last month SIS listened to a presentation about CERT by Ed Milde. Afterwards they enjoyed a wonderful lunch and had fun packing Valentine bags for the children at the Gladiolus Learning and Development Center.



### Twice As Sweet

On Valentine Day, we show our love;  
We express our deep affections.  
Those who are important to us  
Get cards and sweet confections.  
But Christian love is not just for  
The ones we hold most dear;  
Jesus said "love everyone";  
He made that very clear.

For Christians, it is every day  
We should care and love and serve  
Everyone we meet in life,  
Whether they do or don't deserve.  
Let's follow Jesus' good command  
To love everyone we meet.  
Valentine Day every day  
Will make life twice as sweet.

Happy Valentine Day!

### Thank You!

Chapel by the Sea Families and Friends,  
Thank you for your contributions to our Christmas stocking stuffers.  
We appreciate your generous gifts. Your thoughtfulness warmed the hearts of all of us.

We also thank the Session and Personnel Committee Members for providing lunch for us the 1st Wednesday of every month. We really look forward to the different meals and personal touches.

Chapel by the Sea Staff, Pastor Steve, Michael Melnikov, Ann Fossum, John Rotach, Denise Armstrong, Holly Tribble and Jose Ramos



### A Special Visit

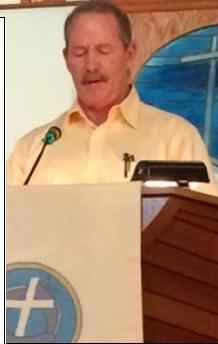
Chapel by the Sea was blessed with a visit from Rev. Don & Bess Jafvert on Christmas Eve Night.

# *happenings at CBTS*

## *Christmas Eve Day and Christmas Eve Candlelight Services*



## *New Years Day Sermonettes*



## *Chapel by the Sea Spaghetti Dinner... Saturday, February 10, 5 – 7 p.m., Silver Hall*

Spaghetti Dinner featuring Mama Chapeletti's world-famous homemade sauce and hand-rolled meatballs. Net proceeds will go toward Kitchen Renovations. \$10 per adult / Free Kids under 10.



# happenings at CBTS

Chapel Concert Series

## February Birthdays

- 3 Janna Linehan
- 4 Ron Krupa
- 4 Anita Turner
- 8 Elaine Beebe
- 9 Bob Allegier
- 10 Janet DeBenedett
- 11 Dick Wonkka
- 13 Vicki Dutcher
- 13 Bob Young
- 14 Valentine Smith
- 15 Marianne Worden
- 18 Julie Palmer
- 19 Marge Golden
- 20 Ed Collins
- 20 Cynthia Harris Ross
- 22 Bill Johnson
- 22 Hilda Seybert
- 23 Caroline Elizabeth Brooks
- 25 Steve Gumm
- 26 Colton James Smith
- 28 Karen Haengel
- 28 Bill Pearson

## February Anniversaries

- 1 Dan & Barbara Wickell
- 3 Steve & Arlene Fisher
- 3 Jack & Gail Garner
- 13 Ray & Bernice Tegner
- 14 Carmine Pacchino & Rexann Hosafros
- 14 Albert & Patricia Myers
- 16 Tom & Karen Swanbeck
- 18 Charles & Margaret Anderson

## In Memorium

Please pray for the family of Wilma Brown who passed away on December 21.

## Concert Series , TOMMY O

**Thursday, February 15, 7:00 p.m.**

Back by popular demand! TOMMY O a.k.a. "Elvirotti" which acknowledges his vast range of performances from Elvis to Pavarotti. TOMMY O is a guaranteed display of impeccable showmanship, leaving audiences with the gift of indelible joyous memories. Free Will Offering.



## Concert Series , Joybell

**Thursday, March 1, 7:00 p.m.**

You're invited to an evening of inspiration and joy, presented by Chapel by the Sea and Kristine Stout, handbell soloist. While you've probably seen handbells played by a handbell choir, Kristine plays three octaves of English Handbells (that's 37 bells) all by herself. Her beautiful music is a passionately joyous celebration of inspiration and the joyful heart. Come prepared to smile for the evening and be amazed at Kristine's artistry and grace. We guarantee you won't be disappointed that you came! Kristine's special concert begins at 7:00 p.m. Kristine and her husband, Kurt, own and operate "Joybell," a traveling handbell ministry based out of Clinton Township, MI. Check out their website at [www.joybelltheater.com](http://www.joybelltheater.com).



## Piano Concert

The students from FGCU gave a wonderful piano concert at Chapel by the Sea on January 18.

## Broadway Palm Dinner Theatre Schedule

Mamma Mia  
Wednesday, February 21

My Fair Lady  
Wednesday, April 18

Ring Of Fire  
Wednesday, May 30

Annie  
Wednesday, July 11

## Broadway Palm "Mamma Mia"

On February 21, 2018, Chapel will go to Broadway Palm to watch the performance of "Mamma Mia."



# happenings at CBTS

## February Health & Safety Message

### A Letter From Our Parish Nurse....February is Heart Health Month!



Our Parish Nurse is available for health counseling, health education and emotional/spiritual support. Call the church office and

Ann will return your call. The office hours for the Parish Nurse are Tuesday and Wednesday from 9:00 a.m. to 4:00 p.m.

Ann Fossum, RN, BSN, FCN  
(239) 463-3173 ext.13  
(239) 463-0256 fax  
[ann@chapelbts.org](mailto:ann@chapelbts.org)

### Chronic Pain Workshop ,

Tuesday, February 2

9:30 a.m. – 12 Noon, Library

Manage your chronic pain and get on with living a satisfying and fulfilling life. When you have chronic pain, you face challenges every day. This workshop helps you discover strategies and skills to take control to improve health and well-being. Workshop is free but registration is required. This is a six-week series through March 9, sponsored by Lee Health Solutions. RSVP to [chapel@chapelbts.org](mailto:chapel@chapelbts.org).

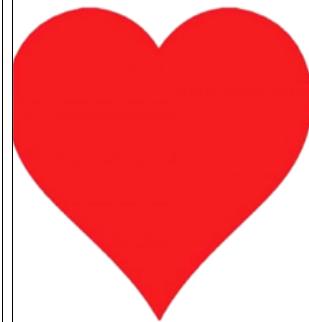
### An Influenza Message

- It's not too late to vaccinate!
- Seek treatment right away if you suspect the flu. You may be seen at your physician's office, an urgent care facility, or a hospital emergency department.
- Seek medical care if you have difficulty breathing, a fever lasting more than one day, or if you can't keep liquids down.
- Highest risks for the flu are the elderly, the very young, and those with medical conditions.

Do you know an easy way to maintain a healthy heart and a good blood pressure? Walking – which is a fabulous and free way to add more activity into your lifestyle. Now that we are into the second month of a new year, I encourage you to set one new doable healthy goal. Maybe that would be choosing a piece of fruit for a snack rather than a candy bar. Or how about joining our weekly Chapel walking club. Our walking group got off to a great start in January and you are invited to join us every Tuesday at 9:30 a.m. Strap on your sneakers, grab a water bottle, your hat and sunscreen and meet us outside Silver Hall. It's a fun way to jump start your day. You will benefit from this 30 minute walk both physically and mentally.

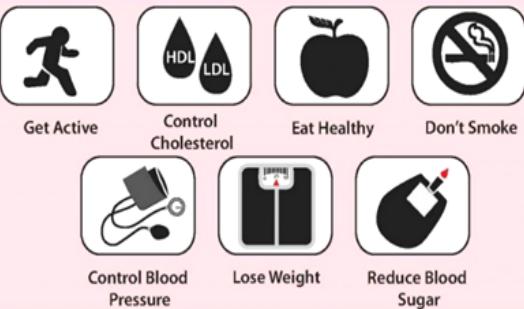
Happy Valentine's Day, Ann

## FEBRUARY HEART MONTH



80% of Heart Disease and Stroke Can Be Prevented

### 7 Steps to Reduce the Risk of Heart Disease



### Heart Healthy Nutrition



Eat at Least 5 Servings of Fruits and Vegetables a Day



Choose Whole Grains Over Processed (Refined) Grains and Sugars



Choose Healthy Fats (Monounsaturated & Polyunsaturated) Over Unhealthy Fats (Saturated & Trans)

### Regular Exercise



30 Minutes of Moderate Intensity Exercise a Day

### Tobacco Control

Cigarette Smoke Claims 443,000 Lives in the U.S. Every Year



Increases Risk for Heart Disease and Stroke



Increases Risk for Blood Clot



Decreases Ability to Exercise Decreases Good Cholesterol (HDL)

# happenings at CBTS

Meet The Chapel  
By The Sea Deacons

## What is a Deacon?

Deacons: A Ministry of Compassion and Service--the ministry of deacon is one of compassion, witness, and service, sharing in the redeeming love of Jesus Christ for the poor, the hungry, the sick, the lost, the friendless, the oppressed, those burdened by unjust policies or structures, or anyone in distress. Chapel by the Sea is grateful for our five deacons who have served so faithfully over the last year. If you think God might be calling you to serve as a deacon, please contact Pastor Steve at (573) 822-8695 or Ann Fossum at (239) 463-3173,



Chapel by the Sea Deacons : Ann Fossum, Bob Taylor, Lynda Dundee, Pastor Steve, Arlene Fisher, Clif Hart Not pictured: Marylu Marshall



## Stocking & Poinsettia Deliveries

Thank you to the Chapel Deacons and Members for delivering the Christmas Stockings and Poinsettia Plants to our members who were unable to join us for the Advent and Holiday Season. Pictured to the left are Huggy & Mary Lou Ellyatt; Eva New & Landon Doggett

## Weekly Activities at Chapel

**Adult Sunday School** — Sunday mornings at 9:00 a.m., Silver Hall Library. New class on the Gospel of Luke will begin on February 11. New members welcome!

**Children's Church/Nursery** — Sunday mornings at the 10:00 a.m. Worship Service.

**CBTS Dolphins Walking Club** — Tuesday mornings at 9:30 a.m. at Chapel. 30 minute walk .

**Solomon's Porch Reading Group, Adult Study**—Tuesday afternoons at 3:00 p.m., Session Room of Silver Hall.

**YOGA** — Wednesday afternoons at 2:00 p.m. in Silver Hall.

**Cub Scouts** — Wednesday evenings at 6:30 p.m. in Silver Hall

**Chapel Habitat Builders** — The "habitat builders" are continuing their winter volunteer season. The group has completed work on the exterior for 2 homes so far this season. No experience is required. "On the job training" is provided. They work every Thursday and leave the rear of Chapel parking lot at 7:30 a.m. and return to the Chapel by 3:30 p.m. Please bring your own lunch and drink. Call Tom Kelly at (612) 325-0450.

**Sew N Sews** — Thursdays from 10:00 a.m. – 2:00 p.m. Please bring your own lunch.

**Soup Kitchen** — Chapel volunteers will go to the Immokalee Soup Kitchen on February 23. Chapel bus leaves at 9:30 a.m., returns about 2:45 p.m. Sign-up sheets to volunteer are posted in Silver Hall.

**Alzheimer's Association Caregiver Support Group** — Alzheimer's Association caregiver support groups are conducted by trained facilitators. The groups meet the 2<sup>nd</sup> Friday of each month from 1:00 p.m. – 2:30 p.m. in the Session Room of Silver Hall. Contact: Parish Nurse, Ann Fossum (239) 463-3173 ext. 13 or [ann@chapelbts.org](mailto:ann@chapelbts.org)



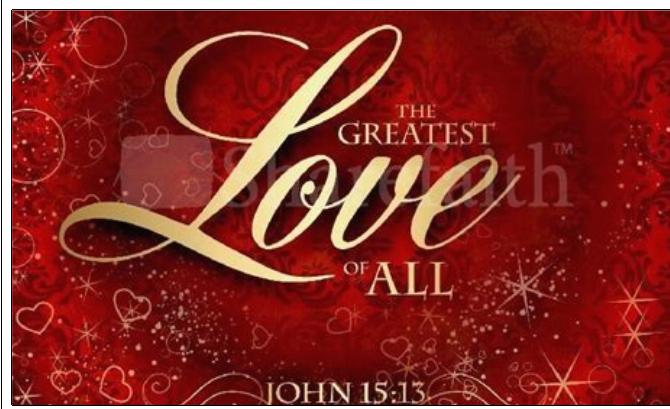
CBTS Dolphins Walking Club



Chapel by the Sea  
Presbyterian Church (USA)  
P.O. Box 2997  
Fort Myers Beach, FL 33932

Non-profit org.  
U.S. POSTAGE PAID  
Permit No. 3116  
Fort Myers, Florida

Phone: (239) 463-3173 • Email: [holly@chapelbts.org](mailto:holly@chapelbts.org)  
website: [www.Chapelbts.org](http://www.Chapelbts.org)



### February Liturgists

- February 4 8:00 a.m. Laura Miller  
10:00 a.m. Dobbin Greer
- February 11 8:00 a.m. Pastor Steve  
10:00 a.m. Sondra Hunt
- February 18 8:00 a.m. Pastor Steve  
10:00 a.m. Wanda Prater
- February 25 8:00 a.m. Pastor Steve  
10:00 a.m. Beth Leys

### The Staff of Chapel by the Sea

The Rev. Dr. Stephen D. Adkison, Pastor/Head of Staff (email: [skypilot\\_mdiv@hotmail.com](mailto:skypilot_mdiv@hotmail.com))  
Michael Melnikov, Director of Music/Organist  
Ann Fossum, R.N., Parish Nurse  
Denise Armstrong, Office Administrator  
Holly Tribble, Administrative Assistant

John Rotach, Facilities Manager  
Stephen Joshua Adkison and  
Laz Hernandez-Rico, Audio/Visual Booth  
The Rev. Mr. Don Jafvert, Pastor Emeritus