



# Glad Tidings

Fort Myers Beach, Florida

November 2014



Pastor's Letter	1	Hello, again, to the Chapel by the Sea community, and I extend to you the grace and peace of our Lord and Savior, Jesus Christ! November is almost here, and I sense that the momentum is building. There is a new and exciting energy in the air, and it warms my heart to see Chapel's sanctuary gradually getting more and more crowded each Sunday! Indeed, the Lord has done and is doing great things in our midst, and God has blessed us more than we could ever ask or even imagine through Jesus Christ.
Men's Ministry Group, Study Groups, Liturgists, Community Donation Drive, Echo, Habitat, Youth Group	2	However, Chapel needs our help! Currently, there is a shortfall in our budget due to plate offerings tapering off dramatically during the "low season" and, additionally, Chapel has been without permanent pastoral leadership for nearly two years. Your generous and gracious response to our "Payroll Project" is humbly requested.
Music, Stewardship Update	3	
OCC, Veteran's Lunch, Apple Sunday, Holiday Decorating, Sew & Sews, Volunteers	4	After all, Scripture says that what we have received should not only be for our own enjoyment but also for the blessing of others around us! For example, in <b>Genesis 12:2, God proclaims to Abraham, "And I will make of you a great nation, and I will bless you, and make your name great; and you shall be a blessing."</b>
SIS, Birthdays, Anniversaries	5	When we read this passage of Scripture, the first things that probably come to mind are all the promises that God gave to Abraham and the nation of Israel. We tend to focus on the part of that Scripture where God does the blessing, but it occurred to me that there is a bigger lesson that we can learn here. Why did God bless Abraham? The answer lies in the passage! The Lord told Abraham: "I will bless you — <u>and you shall be a blessing.</u> " <b><i>Abraham was blessed so that he could be a blessing!</i></b>
Dinner & Movie Pics, Medicare Event, Worship Committee, Mission & Outreach	6	The same is true for us today. God gives freely to us so that we may give freely of our time, talents, and treasures to others. Let's not be afraid to share the blessings God has entrusted to us!
Health News	7	And so, with this in mind and in closing, would you prayerfully consider making an "extra" gift to Chapel by the Sea's "Payroll Project"? Many have already faithfully and graciously responded, and I pray you will too. I promise that you will not regret it!
Quote, Chapel by the Sea Staff	8	

In Christ's love,  
Dr. Steve Adkison  
Pastor/Head of Staff

# happenings at CBTs

## Community Donation Drive

Chapel by the Sea and Goodwill Industries of Southwest Florida are asking the public to clean out their closets and offices for a community donation drive and document destruction event. The event will be held on November 18 from 9:30 a.m. to 1:30 p.m. at Chapel by the Sea. The public is encouraged to bring furniture, household goods, clothing, electronics (no TVs, please), and documents to the event. The gently-used donations will go into Goodwill's 30 Retail & Donation Centers across Charlotte, Collier, Hendry, Glades, and Lee Counties. Documents dropped off at the event will be recycled through

Goodwill's Secure Shred for \$6 per bag or box. Goodwill's Mobile Job-Link will also be on-site for the event. The Mobile Job-Link offers employment assistance such as resume creation and job placement. The organization also operates 15 brick-and-mortar Job-Link Centers throughout the five counties.

## Echo International Agriculture Conference

Since 1994, Chapel by the Sea has supplied food for the conference. Delegates come from all over the world to share ideas about better methods of feeding the poor. On Friday, November 21, 2014 we will once again be supplying part of the lunch. We need people to help with the salads and desserts. Call Wanda Prater at (239) 765-1139 if you can help or sign up on the white communication card.

## Chapel Habitat Builders

The "habitat builders" are planning to begin a new season of volunteering in mid to late November. Habitat will be building 28 new homes and refurbishing 27 existing homes this season. Our team will be assisting with any number of different tasks as Habitat deems necessary each week. The team's expertise includes siding (vinyl), painting (interior and exterior), demo, cleanup, accessorizing, and any number of other skills. Both men and women are welcome. No experience or special tools are required. "On the job training" will be provided. We work every Thursday and leave the rear of Chapel parking lot at 7:30 a.m. and return to the Chapel by 3:30 p.m. You'll need to bring your own lunch, snack, and water and soft drinks. If you plan on participating or even just considering it, please call Tom Kelly at (239) 765-1242. We look forward to seeing you.

## Youth Group

The youth meet at Chapel every Wednesday, 5:30 p.m. for activities, food, fellowship and more! A Thanksgiving Dinner will be held at the end of the month. For more information please email Katy Reinke at [kreinke@fgcu.edu](mailto:kreinke@fgcu.edu)



## World Communion Sunday & Children's Church on October 5.



## Men's Ministry Group

The Men's Ministry that began last January with meetings every other Saturday morning in Silver Hall is starting up, again meeting every other Saturday morning from 8:00 to 9:30 AM in Silver Hall. This is an opportunity for all men of Chapel - members, guests and friends - to come together in a safe environment to share and discuss personal concerns and issues related to our walks with Jesus Christ. We all want to be more Godly in our lives; in our relationships as husbands, fathers, grandfathers, members of the church and as citizens of our community. This venue provides the opportunity to discuss questions, issues and concerns in a supportive and confidential setting. The meetings last one and a half hours. Coffee and baked goods are available. Ron Buss will facilitate the group discussion. If you have any questions or want more information, please feel free to call him at (239) 267-8337 or email him at:

[rwbmab11@comcast.net](mailto:rwbmab11@comcast.net). Meeting dates are: November 8, 2014 and November 22, 2014 and every other Saturday morning after that at 8:00 a.m. in Silver Hall.

## Study Group Opportunities

"Solomon's Porch Discussion Group" Tuesdays, 3:00 p.m.  
Room 4, Silver Hall

## November Liturgists

November 2	Ron Buss
November 9	Miffie Greer
November 16	Joan Cady
November 23	Tree Andre
November 30	Don Cady

# happenings at CBTs



**Priscila Navarro at Carnegie Hall in 2013**

## **2014/2015 Chapel by the Sea Concert Series on Fort Myers Beach**

We are anticipating a wonderful season of music, both from our chancel choir and bells on Sunday mornings, and our 2014-2015 concert series. Regular choir practice has resumed on Wednesdays at 10:00 a.m. Bell practice is scheduled for 11:30 a.m. on Wednesdays, and will begin in early November. The choir assembles each Sunday morning at 9:00 a.m. for additional practice. New members are welcome!

Please mark your calendars for the following concert events:

### **Sunday, November 16, 2014 – Priscila Navarro, Piano**

We are honored to once again host this acclaimed artist in our concert series. Ms. Navarro has completed her degree at Florida Gulf Coast University and has chosen to spend one more year in the area to continue her studies with Dr. Baron. Priscila Navarro performs solo recitals, major chamber works, and a large selection of concerti with orchestras throughout North and South America and Europe. Her performance at Chapel last year was spectacular!

### **Future concerts:**

January 18, 2015 Sunday, 2:00 p.m. – Sassy Quartet, (barbershop harmony)

February 8, 2015 Sunday, 2:00 p.m. – Douglas Renfroe with Leslie Frost

February 23, 2015 Monday, 7:00 p.m. – Alma College Choir

May 17, Sunday, 1:00 p.m. – All Children's Piano Recital

Hosting the Alma College Choir requires that we provide housing for approximately fifty-five young people. We ask that those of you residing in the area prayerfully consider housing one or more singers for the night of their concert.

We are continuing our **"Friends of Chapel" donor program** which has aided us in providing a high level of musical talent to the community. All contributions are welcome and are tax deductible. Donors will be listed in each concert program for the season. Make check payable to Chapel by the Sea and note Chapel Concert Series on the memo line. Mail to: Chapel by the Sea Presbyterian Church, PO Box 2997, Fort Myers Beach, FL 33932.

## **Stewardship Update**

Year-to-Date Budget Receipts  
(as of 10/26/2014)  
\$297,090.00

## **Capital Campaign Update As of October 26, 2014**

Total Receipts-to-Date  
\$140,403.00

Total Expenditures-to-Date  
\$129,143.00

Current Balance  
\$12,878.00

Additional Anticipated Pledges  
\$27,205.00

## **Help requested from Administration and Finance Committee:**

Your financial response to the "Foundation Project" and the "Silver Hall Roof Project" was phenomenal! Now, we ask for your same outstanding support for the "Payroll Project" - assuring our faithful employees are paid.

Your help is needed now.

Thank you for your continued generosity to Chapel!

## **Do have stocks that have increased in value but pay low or no dividends?**

Consider contributing stock to  
Chapel by the Sea  
and enjoy these benefits:

- Immediate income tax deduction
  - Avoidance of upfront capital gain tax

For more information call  
Tamara McPherson, Church Administrator at (239) 463-3171 Ext.16

# happenings at CBTs

## Chapel Volunteer Appreciation



**Albert Werner**

Albert Werner moved to Fort Myers Beach in 1989 from Pennsylvania. He immediately joined the Tuesday Crew, a men's group that volunteered here at Chapel every Tuesday. Following that he worked around the church doing different maintenance jobs and working the church sound system. On the first Sunday of each month Albert helped with the Potluck Luncheon here at Chapel and did Sunday morning coffee hour. Now, Albert helps Chuck with maintenance around the Church, running the sound system, and working in the kitchen. Albert and his wife Maria, have an adorable dog named Jasper. We greatly appreciate all the time Albert has spent volunteering at Chapel over the years.



## The Greatest Journey



More than 650,000 children in over 55 countries have made decisions for Christ through The Greatest Journey. It is a 12 lesson discipleship program developed by Samaritan's Purse and taught by trained leaders of churches that have distributed shoebox gifts. After the children have opened their gifts, they are invited to participate in The

Greatest Journey program. Through this program, children are invited to respond to the Gospel and learn how to share their faith with friends and family. Graduates receive their very own copy of the New Testament.

Around the world, over 1.1 million have graduated from The Greatest Journey in the past 3 years and well over 650,000 of them have indicated in writing that they have trusted Christ as their Savior in response to the lessons.

Source: "Special Report, Operation Christmas Child, A Project of Samaritan's Purse, 2013" Your filled shoeboxes are due here at Chapel by November 18.

## Veteran's Lunch

On Sunday, November 9, the Discipleship and Fellowship Committee will host a lunch honoring our veterans. Veterans will eat free, and we will ask for a donation from others. Lunch will be followed by Bingo for all! Plan to join us as we celebrate this most important day.



## Apple Sunday

Let's celebrate our wonderful fall season by having Apple Sunday on November 9. Please bring a tasty apple goodie or some fresh apples to donate. We'll use them for coffee hour and for God's Table. Thanks, to all!



## Help Decorate for the Holidays

Mark your calendars and hold the date..... we will have a Decorating Party at Chapel on Saturday, November 29. There's a lot to do (Sanctuary, Narthex, Silver Hall, and Outside), but it's a lot of fun and many hands make light work. Be there by 9:00 a.m., and we will try to finish by lunchtime. More details to follow in November bulletins. Any questions please contact Elaine Brinkman at (239) 463-3992 or Landon Doggett at (239) 463-5583.

## Sew & Sews

The Sew & Sews are having fun preparing for Christmas. Donations of ribbon for the Christmas bears they are making would be greatly appreciated. Donations of towels for bibs and burp pads are also needed. All are welcome to join and help make Christmas items every Thursday morning at 10:00 a.m. in Silver Hall, Room 5.

# happenings at CBTs



On Tuesday, November 11, 2014 SIS will be taking a tour of Ostego Bay Foundation and its displays, aquariums, and touch tanks. It is located under the Matanzas Pass bridge. The bus will leave Chapel at 10:00 a.m. for those wanting to ride. The admission will be \$5.00 per person (it's usually \$8.00). Those wishing to have lunch, will go to the Island Pancake House afterwards. Be sure and mark the commitment card. Any questions, please call Nancy Combs at (239) 233-8630.

SIS will have the Annual Christmas Potluck Brunch on Tuesday, December 9 at 10:00 a.m. Everyone is encouraged to bring a dish to share and a bag of chocolates to bag for the God's Table Christmas dinner. We will enjoy Christmas music, good food and fellowship and an interesting program given by Eve New about "Christmas in Germany". Please call Nancy Combs at (239) 233-8630 if you have any questions. All are welcome.

**Last month SIS (Sister's in Spirit) attended the He, She Me Global Gift Shop. Afterwards they enjoyed lunch together.**



## November Birthdays

1 Patty Magnuson	18 Judy Cultice
2 Josephine Kastner	18 Nancy Mulholland
2 Logan Phillips	19 Laurie Smock
3 Landon Doggett	19 Fred Bushnell Jr.
4 Carl Matheny	20 Katherin Donovan
4 Kathy LaCombe	21 Janet Wilson
5 Barbara Beyster	22 Lawrence Shafer
8 Bill Saunders	22 Lauren Detzel
9 Erin Nicole Detzel	23 Terry Fletcher
10 Laura Miller	24 Leslie Donovan
10 Bev Belger	24 Louis Monaco
13 Lois Doggett	27 Bette Mason-Smith
14 Billie Rosendahl	28 Tom Smith
16 Earl H Ross Jr.	28 Don Branscom
	29 Don Calder
	29 Colleen Hazelbaker

## November Anniversaries

Jim & Marja Cook	11/08
Charles & FaithAnn McNear	11/09 (over 50 yrs)
Neil & Dottie Callahan	11/18
Jim & Joanne Morris	11/20 (over 50 yrs.)
Carl & Carol Phillips	11/24
Greg & Janna Holmes	11/29



# happenings at CBTs

**Everyone enjoyed a wonderful spaghetti dinner and movie on Friday, October 17 in Silver Hall.**



## Medicare Enrollment Event

Wednesday, November 5, 2014, 10:00 a.m.-3:00 p.m. in Silver Hall  
Individual counseling on Medicare and Medicare-related health and drug plan coverage in conjunction with Medicare's October 15 — December 7 annual election period. SHINE counselors will be available to provide one-on-one assistance in reviewing your health and drug coverage. SHINE (Serving Help Insurance Needs of Elders) is a service of the Florida Department of Elder Affairs and Area Agency on Aging for Southwest Florida. SHINE's volunteer counselors provide free and unbiased Medicare information and counseling. Those seeking counseling should bring their Medicare and other insurance cards and information on all of their prescription medications (drug names, dosages, frequency of use) to this event. No registration necessary.

## The Worship Committee Invites You to Visit

Have you ever wondered just what the Worship Committee does, and if you might enjoy taking part in it? Come and join us at our next regular meeting on Thursday, November 6, at 9:30 a.m. in the Session Room. We'll be making plans for the first Chapel Concert of the season, the Installation Ceremony for our new Pastor, and preparations for Advent and Christmas. No obligation..... just come and check it out.

## Chapel Mission/Outreach Committee

Chapel would like to invite interested volunteers to become members of the Mission & Outreach Committee. If you have a passion to feed, clothe, help provide shelter and love people in need, please contact the Chapel Office, or call Bill Turner at (239) 765-8508. We meet the first Tuesday of each month at 9:00 a.m. in Silver Hall.

## Immokalee Soup Kitchen

We go to the Soup Kitchen in Immokalee the second Wednesday and fourth Friday of each month. Please join us for this important mission activity. Volunteers are needed.

## God's Table

Thank you to everyone who has helped with donations and time to God's Table. We are still in need of men's shorts, size 30-38; men's t-shirts, small, medium, large; men's underwear, small and medium; and VOLUNTEERS! Bring any donations to the Chapel office or call Arlene Fisher at (513) 505-7635.

## Gladiolus Learning & Development Center

Gladiolus Learning and Development Center (formerly Brightest Horizons) has asked for donations of school supplies. There will be boxes in the office and Silver Hall for collection.

# A Note From Your Parish Nurse

From Lee Memorial Health Systems

## **Breast Cancer Facts**

Breast Cancer is the growth of a tumor in the breast that is made up of cancer cells. Cells that can grow out of control before any symptoms of the disease appear. In 2012 it is estimated in the U.S. that there will be over 200,000 new cases of breast cancer diagnosed. There are many types of Breast Cancer and factors that can influence your chance of developing breast cancer.

- As you age your risk of breast cancer increases. The majority of women diagnosed are over age 50. About 5% of women under age 40 are diagnosed with breast cancer.
- If you have a mother, sister, aunt or history of breast cancer in your family you may be at greater risk for developing the disease.
- If you are overweight, smoke, do not exercise or drink alcohol daily there are studies that show you may be at a higher risk for breast cancer.
- Mammograms yearly beginning at age 40 is recommended. Clinical breast examination by a doctor or nurse every 3 years from age 20 to 40.



**Sheila Morales**  
**Parish Nurse**

Single most important fact is that every woman should know what is NORMAL for her and doing monthly breast exams starting at age 20 will alert the woman if there is a change. See warnings signs below and see your doctor immediately.

These are some warning signs that need to be reported to your doctor. Most lumps of the breast are not cancer, but you should get checked to be sure:

1. Lump, hard knot or thickening inside the breast or under your arm pit
2. Swelling, warmth, redness or darkening of the breast tissue
3. Change in size or shape of one breast that is different than the other
4. Dimples or puckering of the skin. Skin that looks like an orange peel.
5. Itchy, scaly sore or rash on the nipple, that does not go away
6. Pulling in of your nipple or other parts of the breast.
7. Nipple discharge that starts suddenly
8. New pain in one spot of the breast that does not go away

If you do not have a regular physician to report any of these findings, you may call any of these resources for follow up. No one will be turned away and you will be helped or referred to someone who will help you.

### **RESOURCES**

### **Resources**

#### **LMHS Regional Cancer Center Breast Cancer Navigator:**

**Call: (239) 343-9543 or (239) 343-9546.**

A Nurse will provide you with information and directions to get the help you need with or without insurance coverage. There are many community resources that may be available to help you.

#### **Partners for Breast Cancer Care**

**Call: (239) 454-8583.**

**Senior Friendship Center** (Must be 50 years old or older)

**Call: (239) 656-0221**

#### **LMHS Breast Health Centers for Mammogram Scheduling:**

**Call: (239) 424-1499**

## **Prostate Cancer Facts**

Prostate Cancer is one of the most common types of cancer found in men. There are more than 200,000 new cases diagnosed each year. African American men have the highest frequency of prostate cancer in the world and the highest death rate from the disease. If diagnosed early, while the cancer cells are found only in the prostate gland, the disease can be cured. If spread outside of the prostate to bones, lymph nodes and/or lungs, the treatment will be to control the disease, not cure.

The cause of Prostate cancer is unknown and it affects four out of five men over age 65 and 1% of men under age 50. The disease also has been found in men in their 30's and 40's. Prostate cancer may not cause any symptoms in the early stages. Through yearly screening by your doctor, more than 85% of American men are diagnosed in the early stages. The cause of Prostate cancer is unknown and it affects four out of five men over age 65 and 1% of men under age 50. The disease also has been found in men in their 30's and 40's.

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### **Resources**

#### **LMHS Regional Cancer Center**

**Prostate Cancer Navigator Call: (239) 343-9502**

A nurse will help you understand your diagnosis, help to coordinate testing, assist with finding resources in the community.

#### **N.Ft.Myers United Way House**

Lee Health Care, Inc. Lline: (239) 772-9733

#### **Dunbar United Way House**

Lee Health Care, Inc Lline: (239) 343-4910



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## 2 Corinthians 9:6-8

*"Now this I say, he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do just as he has purposed in his heart, not grudgingly or under compulsion, for God loves a cheerful giver. And God is able to make all grace abound to you, so that always having all sufficiency in everything, you may have an abundance for every good deed."*

### The Staff of Chapel by the Sea

The Rev. Dr. Stephen D. Adkison, Pastor/Head  
of Staff (email: [skypilot\\_mddiv@hotmail.com](mailto:skypilot_mddiv@hotmail.com))  
Michael Melnikov, Director of Music/Organist  
Tamara McPheron, Administrator

Sheila Morales, Parish Nurse  
Holly Tribble, Administrative Assistant  
Chuck Elston, Sexton  
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