



# Glad Tidings

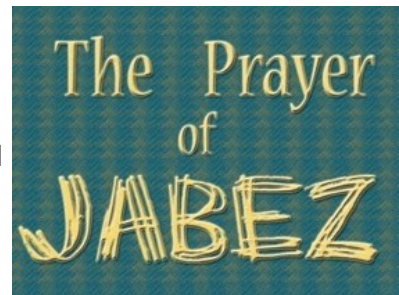
Fort Myers Beach, Florida

October 2019

## **“Oh, That You Would Bless Me...”**

I Chronicles 4:9-10

I Chronicles 4:10 says, **“Jabez cried out to the God of Israel, ‘Oh, that you would bless me and enlarge my territory! Let your hand be with me and keep me from harm so that I will be free from pain.’ And God granted his request.”**



**“Oh, that you would bless me...”** is the first part of Jabez’s prayer. Many times, we think that it is selfish to ask God to bless us personally, but in actuality, it’s not. Let’s explore this more closely with a “Question” and “Answer” format.

**Q: What is a “blessing”?**

A: We use the words “bless” or “blessing” regularly and without much thought. We ask God to bless our families, friends, and so forth. We ask God to “bless” our food before we eat. When someone sneezes, we might say, “God bless you!” But what does blessing really mean? To bless in the biblical sense means “to ask for or to impart supernatural favor.” We are asking for God’s favor when we ask for God’s blessings.

**Q: Is it okay to ask God for blessings?**

A: Yes! But we must make sure we ask with the right motives and attitude. James 4:3 says, **“When you ask, you do not receive, because you ask with the wrong motives, that you may spend what you get on your pleasures.”** So, make sure that whatever you ask for will edify your relationship with God, and not encourage more greediness in our already materialistic leanings.

**Q: What are we to do with God’s blessings when we receive them?**

A: Enjoy them for they are God’s gifts to you, but even more so, share them with others. We are to freely share God’s blessings, particularly in the form of our time, talents, and treasures, with others, including friends, family and fellow church members, but also complete strangers and even enemies.

In his book, *The Prayer of Jabez*, Dr. Bruce Wilkinson relates the fable about a Mr. Jones who dies and goes to heaven. The Apostle Peter is at the gates waiting for him to give him a tour. Mr. Jones sees the splendor of the golden streets, beautiful mansions, and angel choirs. And as the tour continues, he notices an odd-looking building, curiously out of place in the midst of all of the beauty. It is an enormous warehouse, with no windows and only one door. Mr. Jones tells Peter he wants to look inside, but Peter hesitates, saying, “You really don’t want to see what’s in there.”

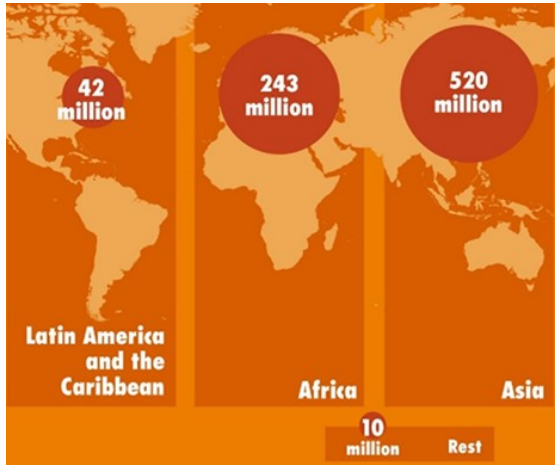
The tour goes along, but Mr. Jones’ mind keeps wandering back to that warehouse. He keeps bugging Peter, and so Peter finally takes him back to the mysterious warehouse. Upon entering the building, Mr. Jones notices that the building is filled with row after row of shelves, floor to ceiling, each neatly stacked with white boxes tied in red ribbons. He also notices that each box has a name on it, so he turns to Peter and asks, “Do I have one?” Peter then replies, “Yes, you do, but...” However, before Peter could even finish his reply, Mr. Jones is already dashing toward the “J” aisle to find his box. Peter follows, shaking his head. He catches up with Mr. Jones just as he’s slipping the red ribbon off his box and popping the lid. Looking inside, Jones has a moment of instant recognition, and then he lets out a deep sigh like the ones Peter has heard so many times before.

***Because there in Mr. Jones’ white box were all the blessings that God wanted to give to him while he was on earth...but Mr. Jones had never asked for!***

Friends of Chapel by the Sea, don’t let this happen to you! Clean out your “white box”! Jesus says in Matthew 7 to ask and it will be given to you. James says we do not have because we do not ask. Again, is it right to ask God for blessings? Yes, but ask with the right attitude and with the intention of not only enjoying God’s blessings but, most importantly, sharing them with others.

In Christ’s love,  
Pastor Steve

# happenings at CBTs



## ECHO (Education Concerns for Hunger Organization)

ECHO is excited to host its 26<sup>th</sup> annual International Agriculture Conference November 19-21. This conference serves to connect development workers who serve small-scale farmers and work to alleviate the challenges of world hunger. The International Conference, held annually in Fort Myers, FL, regularly attracts delegates from over 30 countries. Each year, with the help of churches and volunteers like you, ECHO is able to provide meals at no cost for conference delegates, thus keeping the cost of attendance affordable. As in years past, Chapel will provide salads and desserts for a closing luncheon on

Friday, November 22 for staff and volunteers. The Mission & Outreach Committee will prepare the food on Thursday, November 21. If you are unable to help in the kitchen, you may drop off cookies or brownies. We also need volunteers to serve on the buffet lines at the Friday luncheon. Call Anita Turner at (239) 357-9883 if you can help or sign up on a Sunday Communication Card. It is important for each of us to know the facts about poverty and world hunger. In 2016, approximately 815 million people were hungry worldwide. Most of these individuals live in Asia and Africa. In the same year, 5.6 million children under the age of 5 died, about 15,000 every day. Poor nutrition caused nearly half of these deaths. **101 million or 16% of children under age 5 were underweight around the world in 2011. Approximately 462 million adults are underweight worldwide. In developing countries today, around 45% of deaths of children under age 5 are directly linked to undernutrition. Nearly 11% of the world's population suffers from chronic undernourishment.**

## Presbyterian Hunger Program

Food Week of Action ~ October 13 – 21, 2019

Educate

Worship

Act

We envision a world where everyone has enough affordable, healthy and culturally appropriate food where no one is hungry and where we fairly compensate, respect and celebrate those who work in the food chain.

The purpose of the Food Week of Action is to raise awareness about hunger and its underlying causes, and to motivate people to take action on local and national concerns. There is great need across the globe for more equitable and ecological food and farms systems, which will bring communities closer to food sovereignty and with more control over seeds and land. Check out the PHP website ([php@pcusa.org/foodweek](http://php@pcusa.org/foodweek)) to learn how we, locally, can help advance this important issue.

Ten Commandments of Food:

- Give thanks for the food you eat.
- Eat food grown as close as possible to where you live.
- Strive for all people to have knowledge about and access to affordable, nutritious food.
- Eat mindfully and in moderation.
- Do not waste food.
- Be grateful to those who grow and prepare food for your table.
- Support fair wages for farmworkers, farmers and food workers.
- Reduce the environmental damage of land, water and air from food production and the food system.
- Protect the biodiversity of seeds, soils, ecosystems and the cultures of food producers.
- Rejoice and share the sacred gift of food with all.



## Chapel Habitat Builders

The "habitat builders" will be starting our winter volunteer season this month. The exact start date is yet to be determined, but watch for it in the Sunday Bulletin. Our team assists with any number of different tasks as Habitat deems necessary each week. The team's expertise includes siding (vinyl), painting (interior and exterior), demo, cleanup, accessorizing, and any number of other skills. Both men and women are welcome. No experience or special tools are required. "On the job training" will be provided. We work every Thursday and leave the rear of Chapel parking lot at 7:30 a.m. and return to the Chapel by 3:30 p.m. You'll need to bring your own lunch, snack, and water and soft drinks. If you plan on participating or even just considering it, please call Tom Means at (586) 915-0621. We look forward to seeing you!



# happenings at CBTs

Reformation  
Sunday



## Reformation Sunday, October 27

During Sunday worship, we will recognize our Scottish Heritage of the Presbyterian denomination known as “**The Kirkin’ O’ the Tartan.**” As part of the celebration, Robert Davies, a member of the Lee County Pipes & Drums (pictured), will share his artistry of bagpiping with the familiar tunes of Scotland the Brave and Amazing Grace.

The Kirkin’ O’ the Tartan is a celebration of Presbyterian roots, going back to the Scottish Reformation of the 16th century. At that time, the Scottish people expressed their family heritage by the wearing a specific plaid cloth known as a clan tartan. Following service, we will gather in Silver Hall for coffee hour to partake of some traditional Scottish desserts. Please feel free to wear your family colors or kilt and/or bring a dessert reflecting memories of your Scottish roots.

## Solomon’s Porch Theological Reading Group

Solomon’s Porch Theological Reading Group is starting a new book called “The Universal Christ: How A Forgotten Reality Can Change Everything We See, Hope For, and Believe” by Father Richard Rohr, OSF. All are welcome to attend! The first class of the season will be on October 8. The group meets on Tuesdays from 3:00 p.m. – 4:00 p.m. at Chapel by the Sea in the Library of Silver Hall. The cost of the book is \$16.00. Books are available in the Church Office.



## Parking Attendants and Racing

Powerboat racing is coming back to the beach this October. The island is anticipating large crowds and will be scrambling for parking. Chapel will open its parking lots to the community Thursday – Saturday, October 10 – 12, from 8:00 a.m. – 4:00 p.m. each day. This opportunity provides additional income for Chapel, which may be used for those “unexpected” expenses or to support an existing program.

## Spaghetti Dinner & Raffle

**Saturday, October 12, 5:00 p.m. - 7:00 p.m., Silver Hall**

A new season is finally upon us. Join us for our monthly Spaghetti Dinners serving Mama Chapeletti’s famous slow-simmered sauce, hand-rolled meatballs, spicy sausage w/peppers & onions, salad, garlic bread, dessert, cold drinks and coffee. \$15 Adults / FREE for Kids 10 and Under \$5 Wine Tickets (2 – 6oz. glasses of red or white) Future Dinners: 2<sup>nd</sup> Saturday of each month, November 2019 – July 2020. If you have a talent for or just enjoy baking, consider volunteering to make fresh bread or an Italian dessert for our dinners. Let us know your willingness by calling the church office.

## SPAGHETTI DINNER



# happenings at CBTS

## October Health & Safety Message



Our Parish Nurse is available for health counseling, health education and emotional/spiritual support. Call the church office and Ann will return your call. Office hours for the Parish Nurse are Tuesday & Wednesday from 9:00 a.m. to 4:00 p.m.

Ann Fossum, RN, BSN, FCN  
(239) 463-3173 ext. 13 (239) 463-0256 fax  
[ann@chapelbts.org](mailto:ann@chapelbts.org)

Happy Fall-

Do you have blurry vision caused by cataracts? If so, you are not alone. Over 50% of people over the age of 60 have been diagnosed and need to have outpatient surgery to correct their vision. I just had my annual eye exam and am happy to report that all is well with my eye health. I was impressed with the eye exam, which included checking for cataracts, glaucoma, vitreous detachment and macular degeneration. We all want to keep our eyes healthy and lifestyle does impact your vision. Do not smoke, remember to eat fruits and vegetables, and monitor your blood pressure and blood sugar levels. Also, when spending time outdoors keep your polarized sunglasses handy to filter out harmful light. Remember that prevention is the best medicine, so make an appointment today for your annual eye exam.

Here's to maintaining our best possible vision,

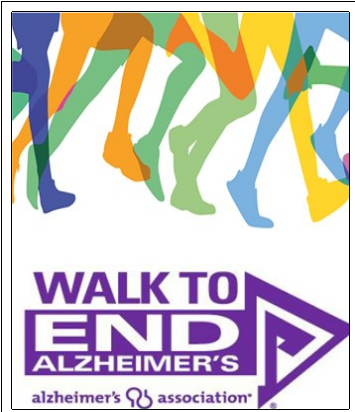
Ann Fossum, RN, BSN, FCN



### Bloodmobile

On Sunday, October 20, we will have the Lee Health bloodmobile on our church campus from 8:30 a.m. to 12:30 p.m. Please consider stopping by the bloodmobile before or after the worship service to be a blood donor. Just a single pint of donated blood can help save the lives of several people. You may also

not know that there are health benefits to donating...you will receive a mini physical at no cost, which includes checking your vital signs, hemoglobin and cholesterol levels and you will learn your blood type. To donate blood you must: weigh at least 115 lbs., be at least 17 years old, be in general good health - no colds, flu, sore throat, etc., present a photo I.D. with D.O.B., if a new donor. To make a specific appointment, please call or stop by the Chapel Office at (239) 463-3173. Please be aware, that some medications and travel to certain countries may prevent you from being a donor. If you want to see if you qualify before you sign up, please call Lee Health Blood Center at (239) 343-2333.



### Join the 2019 Walk to End Alzheimer's

Held annually in more than 600 communities nationwide, Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. However, they need your help.

Chapel member, Kim Southworth is coordinating a team from the Chapel Family. Please consider joining team "Chapel's Angels." Join us in Silver Hall on October 13 or 20 to register for the 2019 Walk to End Alzheimer's. There is no cost to register. SW Florida Chapter will receive funds for each person who registers. **Go to [act.alz.org/fortmyers](http://act.alz.org/fortmyers) or text ALZWALK to 51555** to add your name to the team. For more details or help registering, contact Kim at (239) 671-1935. The Walk is Saturday, October 26 at Centennial Park.

Registration begins at 8 a.m. following by Opening Ceremonies at 9:00 a.m. Together, we can end Alzheimer's.

### Parish Health Program...Adapting to Aging Lunch & Learn,

**Tuesday, October 29 at 11:30 a.m. in Silver Hall**

Jamye Hodges, Director of the Behavioral Health Center for Lee Health, will help us understand how to deal with loss and anxiety and how to empower ourselves to live our best life during times of loneliness. RSVP to [chapel@chapelbts.org](mailto:chapel@chapelbts.org) or call the church office at (239) 463-3173 so we may properly prepare for lunch.



### Save the Date!

Upcoming Program...

SHINE – Medicare Open Enrollment

on Tuesday, November 12





# happenings at CBTs



## Sisters in Spirit (SIS)

Join SIS on Tuesday, October 8 at 11:00 a.m. in Chapel's Silver Hall, Session Room. This month the group will work on needed items for its mission outreach projects. Please come prepare to wrap boxes, bead bracelets, stuff pillows, and much, much more. In addition Parish Nurse, Ann Fossum, RN will give a brief message about mental health first aid. Following the "Craft & Discussion" hour, a tasty and brain healthy meal will be served (dessert included). Kindly, RSVP to [chapel@chapelbts.org](mailto:chapel@chapelbts.org) or fill out the Sunday Communication Card.

Last month on September 10, SIS went shopping for items for OCC, followed by lunch at the Sunflower Café.



## Operation Christmas Child - Message of Hope

Jazmin was just 6 years old when she received a shoebox gift at an event in Mazatlan, Mexico. Her brightly colored box was filled with toys, school supplies, and personal items. Her favorite gift was a doll. She had wanted and prayed for a doll, but her parents were not able to afford one. When she opened her box she exclaimed, "It was as if the person who packed my box knew exactly what I wanted!" Inside the box was also a letter. It read, "The gift



God has for you is greater than any gift we could get for you. God loves you. We hope you give your heart to God." A few years later Jazmin was left at home with her grandparents so that her mother and father could seek medical help for her critically ill sister. Jazmin spent many troubled days of loneliness for her family and worry about her sister. Then she rediscovered her shoebox and the letter. Its message gave her comfort, and she sensed that God was speaking through it to her. Although Jazmin had grown up in a Christian family, that letter encouraged her faith in God. She has become more active in her church, serving on the worship team and helping with the feeding program. She also works with the outreach committee to distribute shoebox gifts and is eager to share God's greatest gift, Jesus Christ. A message of Jesus's Love for the child is very important to include in your shoebox. It may be a life changing experience. Collection week is November 18-24, 2019.



# happenings at CBTs

Pastor Steve gave his blessing over the prayer shawls at the Sunday Worship Service on September 22.

## Craft & RUMMAGE SALE

Friday,  
November 15,  
8:00 a.m. – 2:00 p.m.  
and Saturday,  
November 16  
9:00 a.m. – 1:00 p.m.

### Chapel by the Sea Craft & Rummage Sale

Share your crafts and treasures with the Island Community. Rent a space at Chapel's annual sale. **4' x 6' space and table \$15 each.** You may also consider donating your **gently used treasures** to Chapel. Funds will go to benefit Chapel's mission outreach programs. Drop off any donations during normal office hours, Monday – Friday, 9:00 a.m. – 2:00 p.m. Please make sure items are clean and in working condition. *We are unable to accept clothes or large furniture.*

**Chapel by the Sea Presbyterian Church**  
100 Chapel Street, Fort Myers Beach  
(239) 463-3173 / chapel@chapelbts.org



### Sew N Sews...Helping Others Thru the Art of Sewing

Sew N Sews is a group that meets at Chapel by the Sea every Thursday from 10:00 a.m. to 2:00 p.m. in Room 5 of Silver Hall. They sew, knit and craft to help those in need. The group make sanitary products for women in areas of the world where such items are in short supply. They also make dresses, shorts, bibs, Christmas stockings and sit-upons for children. The Sew N Sews meet every Thursday, from 10:00 a.m. – 2:00 p.m. All are welcome! Stop by Sew N Sews for some fun and fellowship. For more information please contact Rexann Hosafros at (239) 463-7227.





# happenings at CBTs



## Apple Sunday & October Birthdays

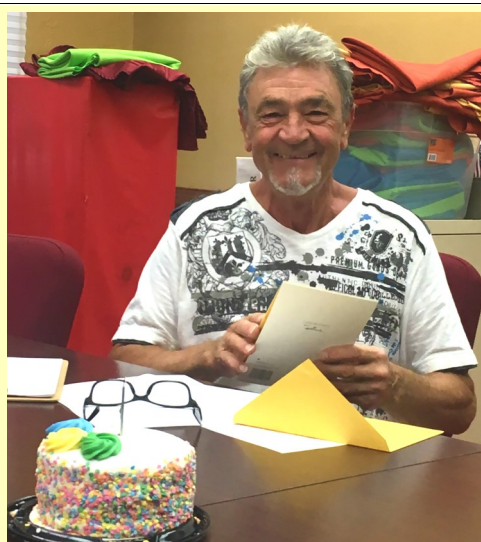
On October 13, following the 10:00 a.m. service, Chapel will hold its annual Apple Sunday with the aroma and taste of all things apple. Please bring a favorite dessert made with apples and/or a small bag of apples. Chapel will provide a special "apple" cake to recognize all those celebrating an October birthday.

## Celebrate with Cake

On the second Sunday of each month Chapel will celebrate everyone's birthday in that month. Pastor Steve will announce the names during the worship service; then we will serve a special birthday cake during Fellowship Hour. For a complete list of monthly birthdays, refer to Glad Tidings. If your birthday does not appear on that list, notify the office at [chapel@chapelbts.org](mailto:chapel@chapelbts.org) or (239) 463-3173 so that we may enter your birthday date into the data system.

## Flowers

To honor a birthday, anniversary or to remember a loved one, order flowers for Sunday Worship Service, stop by the office, call or email to order flowers and have them noted in the bulletin. Cost is \$25.00.



Phil, Chapel's Facilities Manager, celebrated his birthday at the Chapel Staff meeting on September 25.

## October Birthdays

- 3 Barbara Henderson
- 3 Don Sollars
- 4 Janna Holmes
- 6 Gail Garner
- 6 Gary Minnis
- 6 Kim Southworth
- 6 Roger Welton
- 7 John Remington
- 7 Ed Rolph
- 8 Albert Werner
- 9 Meg Bushnell
- 9 Cesar Chavez
- 11 Lee Fisher
- 11 Tom Means
- 11 Kim Worden
- 12 Gladys Englund
- 12 Bob Nunn
- 14 Don Jafvert
- 16 Grove Spearly
- 18 Gregory Cereceda
- 18 Rick Henning Jr.
- 21 Phyllis Yordy
- 31 Joyce Riggleman

## On-Going Activities at Chapel by the Sea

**Children's Church/Nursery** — Sundays, 10:00 a.m. Worship Service.

**Communion Sunday Lunch** — October 6 after the Worship Service.

**Solomon's Porch Adult Book Study & Discussion** — Tuesdays 3:00 p.m. – 4:00 p.m. in the Session Room of Silver Hall.

**YOGA** — Wednesdays, 10:30 a.m. — 11:30 a.m. \$10.00 a class for Chapel members, \$12.00 for non-members. Contact Parish Nurse, Ann Fossum, RN (239) 463-3173 ext. 13 or [ann@chapelbts.org](mailto:ann@chapelbts.org).

**Cub Scouts** — Wednesday at 6:30 p.m. in Silver Hall

**Sew N Sews** — Thursdays, 10:00 a.m. – 2:00 p.m. Rm.5, Silver Hall.

**Soup Kitchen** — Chapel serves at Immokalee Soup Kitchen on October 25. Sign-up sheets in Silver Hall.

**Alzheimer's Association Caregiver Support Group** — 2nd Friday of each month, 1:00 – 2:30 p.m. in the Library of Silver Hall. Contact: Parish Nurse, Ann Fossum (239) 463-3173 ext.13 or [ann@chapelbts.org](mailto:ann@chapelbts.org)

**Healing Service** — After the 10:00 a.m. service the 3rd Sunday of each month.

## October Liturgists

- October 6 Laura Miller
- October 13 Jennifer Pinkard
- October 20 Miffie Greer
- October 27 Diane Means

## October Anniversaries

- 6 Ed & Jevy Osborne
- 9 Mike & Nancy Ziegler
- 10 Dick & Judith McNeal
- 18 Chuck & Cassie Conrad
- 22 Chuck & Marge Golden
- 25 Harvey Hagman & Kathy LaCombe

## In Memorium

We lovingly remember William "Bill" Johnson who passed on July 29, 2019. Bill was 97 years old and was a member of Chapel by the Sea for 31 years.



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website: [www.Chapelbts.org](http://www.Chapelbts.org)



### **Broadway Palm "Finding Neverland"**

On Wednesday, November 13 Chapel by the Sea will attend the Broadway Palm to see "Finding Neverland." The cost is \$65.00 per ticket which includes the show, meal, gratuity and taxes. If you would like

to ride the Church bus to Broadway Palm please be at Chapel by 4:30 pm. There is a limited number of tickets so please let us know if you would like to attend. The deadline to order tickets is October 27. Call Anita Turner with any questions at (239) 357-9883. The cost for shows is \$65.00 per person for show, meal, gratuity and taxes.

### **The Staff of Chapel by the Sea**

The Rev. Dr. Stephen D. Adkison, Pastor/Head of Staff (email: [skypilot\\_mddiv@hotmail.com](mailto:skypilot_mddiv@hotmail.com))  
Michael Melnikov, Director of Music/Organist  
Ann Fossum, R.N., Parish Nurse  
Denise Armstrong, Office Administrator  
Holly Tribble, Administrative Assistant

Philip Jordan, Facilities Manager  
Darren Harkulich, Sexton  
The Rev. Mr. Don Jafvert, Pastor Emeritus